



The Board of Directors
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MAYNE ISLAND HEALTH CENTRE ASSOCIATION A YEAR IN REVIEW (2012-2013)

ANNUAL GENERAL MEETING Saturday April 20th 2013 - 10:00 a.m. CHURCH HOUSE

We look forward to your input at the next AGM

SPEAKER SERIES

- ξ 'Managing Arthritis' Cari Taylor of the Canadian Arthritis Society
- ξ 'Toxic Pharmacology and Selling Sickness' Alan Cassels
- ξ 'How Meditation Practice Can Support Health and Wellness, Body, Mind and Spirit' Leslie Peers
- ξ 'Dementia Awareness, Identification and Prevention, Part I' Irene Barnes and Donna Regen
- ξ 'Wills, Power of Attorney, Representation Agreements & Advance Planning' Laurie Salvador
- ξ 'Mysteries of the Brain and Understanding Dementia Part II' Irene Barnes

EDUCATIONAL

SESSIONS/WORKSHOPS SPONSORED

Two First Aid with CPR/AED courses.

HELEN BRITAIN BURSARY

Recipients this year were Cathy Brown who took the Foot care course for nurses and is now providing this necessary service to island residents, and Laara Jarvy who completed courses for Lifeguard Certification and Water Safety Instructor.

COMMUNITY SERVICES

- 1) MIHCA became the umbrella organization for the Meredyth James Fund which has been initiated to provide interim financial assistance to those islanders suffering an acute illness resulting in financial hardship
- 2) Provided volunteer support for the annual Flu Clinic
- 3) MIHCA supplies/maintains two kits in the emergency Room that provide personal items/funds/information for islanders who may require assistance after an emergency transfer off island.

HEALTH CENTRE IMPROVEMENTS

By September of 2012 we had completed our fundraising campaign for the extension to the Health Centre which we had started in September 2011. The building of this extension which includes a new urgent care room with washroom and storage facilities was started in November 2012 and completed April 2013 with the help of the MIID who installed a new electric furnace and heat exchanger and upgraded sidewalks, parking lot and signage.